



Separation log sheet

Date/time	Place	Anxious? yes/no	Size of anxiety Out of 10	Child reaction	Parent reaction
30 Feb 8.30am	Kindy drop off	yes	7	<i>Cried, clung, called "Mummy"</i>	<i>Insisted on staying, said I'd be back after lunch, left with staff trying to calm</i>
30 Feb 3pm	<i>Nan's with cousin while I went to gym</i>	no	0	<i>Said 'bye' without looking up from game</i>	<i>Said 'bye see you when I get back', left for gym</i>